



Dear Families,

Excitement is palpable this week as we get closer to being able to use our pitch. The renovations, undertaken by Tower Hamlets Local Authority, seem almost finished with play inspections and getting signed off. We hope to have the pitch and the outside gym equipment signed off next Tuesday so we can start using it! We already have a fitness trail in mind and two team sports on the three pitches that are marked up! Not to mention the replanting the woodland walk that is being created. I am curious to know who is more excited, the children or some of us adults.

Another wonderful initiative that can start as soon as you like this time, is the online library for every child to access. The website is www.curriculumvisions.com, the login is: StSaviours/1 and the password is on the sheet that your child is bringing home today. This website is full of wonderful books and videos linked to our curriculum for every child to access. We look forward to using it! Wishing you all a wonderful weekend filled with books.

*Mrs Smith
& Mr Hall*



DIARY DATES

KS2 Y5 Banding workshop: 1st May at 3:30pm,
 KS2 Y6 SATs: start the week beginning 13th May
 KS2 Y4 multiplication check: starts 3rd June
 KS1 Y1 phonics starts 10th June workshop on 3rd May @ 3:30pm

January 2024						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Please remember we are closed to children for Polling on 2nd May

Also BANK Holidays on the 6th May.

SCHOOL NOTICE BOARD

95%	=	47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

ATTENDANCE MATTERS

WHAT DO YOUR ATTENDANCE FIGURES ACTUALLY MEAN?

BE SMART BE THERE!

Percentages based on 190 academic days

1st – Year 2 100%

(Congratulations to Year 2)

2nd – Year 4 96.43%

3rd – Year 1 95.16%

Congratulations to our top 3!

Our school target is 96% come on everyone!

Our Attendance Welfare Officer (AWA), Ranu Begum, attends school every Tuesday morning. Ranu checks our school registers regularly and will contact parents & guardians by letter or telephone. Meetings and home visits will be completed if there is a cause for concern.

Formal referrals of pupils with persistent absence or below 90% attendance will be made. Children need to be in school every day. Parents should be aware that they can ultimately be prosecuted for non-attendance offences.

We know that sometimes- even with children at school 190 out of 365 days in the year- they may fall ill. This can be worrying so please see advice from our local teams on https://www.towerhamletstogether.com/files/Care_Confident_Booklet_A5_InteractiveBooklet2.pdf on common illnesses and when to seek support. Additional sports including swimming benefit children to be healthier and smarter. Please ensure children take full advantage of this by wearing appropriate kit and making sure they bring it with them each week!

Jesus said "I have come so that you can live life in all its' fullness" John 10:10

STARS OF THE WEEK

Reception	Gracie	Ayaan
Year One	Grace	Noah W
Year Two	Maia	Ava
Year Three	Alexis	Sophia
Year Four	Christian	Lillian
Year Five	Lyra	Adam
Year Six	Olivia	Alfie T



WORSHIP FOCUS

The Resurrection
When and by
what have you been
surprised?



From the lightbulb to
the internet, surprises
are not always
understood and their
impact appreciated



Our stars



Kindness leaves



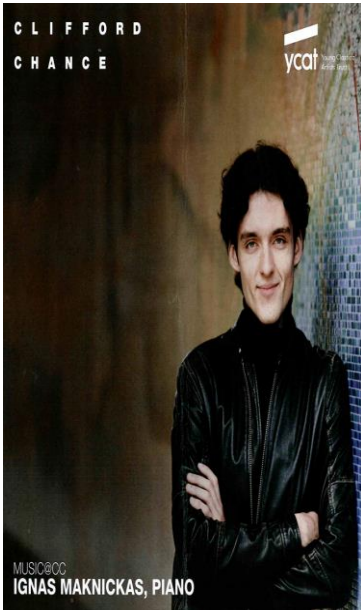
April Birthdays!



Kaira
Alexander
Ehan
Anit
Rahela
David
Zaynab

SCHOOL NOTICE BOARD

Visit to Clifford Chance to meet Ignas Maknickas - Piano



Ignas is a 2023 Young Classical Artists Trust Winner and has performed in Numerous competitions. Ten children were chosen to hear him play 13 songs including Schubert. Lucky children!



COFFEE MORNING

PARENTS OF PUPILS WITH SEN



THU 9 MAY @ 9AM

SCHOOL NOTICE BOARD




Your guide to information and services for families in Tower Hamlets




SEND SUPPORT GROUP

- Come along and meet other parents
- Share information
- Younger children are welcome
- Monthly guest speakers
- No Diagnosis needed

This Terms Sessions are:
Thursday April 25th
Thursday May 9th and 23rd
Thursday June 6th and 20th
Thursday July 4th and 18th
10:00AM ~ 12:00PM

For more information or to book a parking space contact:

Tower Hamlets & City SEND IASS
30 Greatorex Street, London
E1 5NP
0207 364 6489

BUILDING CONFIDENCE AND MANAGING ANXIETY IN YOUR CHILD

A 1 HOUR ONLINE WORKSHOP FOR PARENTS TO LEARN MORE ABOUT ANXIETY IN CHILDREN AND LEARN SOME TIPS FOR HOW TO BUILD CONFIDENCE IN THEIR CHILDREN

[Join the meeting here](#)

Thursday May 23rd at 2pm
for St Saviour's & St Paul with St Luke Parents

Delivered by Shaneka Simon
 Educational Wellbeing Practitioner
 Tower Hamlets Education Wellbeing Service




Triple P for Baby

Are you expecting a baby or are you a new parent with a baby under 12 months?

Join the Triple P for Baby programme

The programme will help you to:

- Adjust to life with your new baby
- Build a close relationship with your baby
- Support your baby's learning and development

Course content

- Creating the best environment for your baby
- Responding to your baby's cues
- Handling crying and comforting your baby
- Promoting good sleep habits
- Helping your baby learn and develop
- Taking good care of yourself as a new parent

Course structure

- Four weekly, classroom-based group sessions with other new parents
- Plus four individual consultations with a practitioner to reflect on your progress



Tuesdays
10:00am-12:30pm
30th April 2024 – 25th June 2024

Wapping & Bigland Children and Family Centre, 15 Richard Street, London E1 2JP

For more details and to book your place please contact Zubair Ahmed on 020 7364 2240 / paee@towerhamlets.gov.uk




The Healthy Families Programme – promoting a healthier lifestyle

Do you want tips on healthy meals and portions?

Do you want to help your whole family to be more active?

How much do you know about hidden sugars?

Are you confused by so called healthy branding?

Sessions include useful tips to make small changes that have a positive impact on family health and well being.
 Sessions are practical, fun and accessible to all

If you would like to join a course or make a professionals referral for parent/carers, email parentalengagement@towerhamlets.gov.uk

This programme is delivered by the Tower Hamlets Parental Engagement Team

SCHOOL NOTICE BOARD

Understanding your thoughts about children's vaccines in Tower Hamlets

Hamlets

General information

We are the Royal Society for Public Health (RSPH) and we help people lead healthier lives. One of the things we do is to ask people what they think about vaccines. We have already spoken to children and teenagers about their thoughts. Now we want to speak to their families and people who work with them.

We need your help

If you are a parent or someone who supports or works with children or teenagers, what you have to say matters to us. Below you will find 3 different sets of questions. Click on the link or use the QR Code to open the set that is relevant to you.



Will you offer vaccines or health advice?

No. We only want to hear what you have to say, learn from your experiences and listen to your suggestions. We will not offer vaccines or health advice.

Will my participation be anonymous?

Yes. We will not collect personal details such as your name, or address. It will be important to know how you support children and young people, that is why we ask about your relationship with the child. But that is all. No one will know who you are or what you said.



Questions for parents, carers and families

If you are a parent or carer, please use this link or this QR code to access the set of questions.
[Click here.](#)



Questions for health and care professionals

If you are a health and care professional, please use this link or this QR code to access the set of questions.
[Click here.](#)



Questions for people working in the educational and volunteering sectors

If you work with education or volunteer in Tower Hamlets, please use this link or this QR code to access the set of questions.
[Click here.](#)



Have you got anything you would like to ask? Feel free to contact us by email policy@rsph.org.uk.



Sheet 54

Family Fun!

Ideas to support learning, play and well-being



Cheese Straws

- 375g/13oz **plain flour**
- pinch **salt**
- 225g/8oz **butter**, diced
- 150g/5½oz mature **cheddar**, grated
- 50g/1¾oz freshly grated **parmesan** (or a similar vegetarian hard cheese)
- pinch **English mustard powder**
- small pinch **cayenne pepper**
- 2 free-range **eggs**, yolks only

- Sift the flour and a pinch of salt into a bowl. Using your fingertips, rub in the butter until all the lumps are gone and the texture is like fine breadcrumbs. Stir in the cheese, mustard powder, cayenne, and egg yolks. Add 4-5 tablespoons of cold water and mix to a firm dough.
- Wrap in cling film or a reusable plastic bag and chill in the fridge for 30 minutes.
- Preheat the oven to 190C/375F/Gas 5.
- Line a baking sheet with baking paper. Roll out the dough to a square, roughly the thickness of a £2 coin. Cut the square in half, then cut each half into 1cm/½in strips.
- Transfer carefully onto the lined baking sheet and bake for 10-15 minutes, until crisp, then leave to cool on the tray.



'Upside Down' Snakes and Ladders

A variation on the classic. Flip this beloved board game to extend the fun- you will need a Snakes and Ladders board!

Start at 100 with an aim of getting to square 1. If you hit a snake and slide down you are closer to your goal, meanwhile, if you land on a ladder you go back up and are further away. Add favourite small toys as counters to personalise it.



Cardboard Fortress

Open your cardboard boxes out and copy the turret, window and door arches as above with a pen. Cut them out and add as many boxes together as you have. Place cushions and fairy lights inside for a cosy prince or princess reading corner.

Produced by
The Parent Engagement
Schools and Family Team



FamiliesMatter
Subscribe to our e-bulletin
www.towerhamlets.gov.uk/parentfamilysupport

Communities Keeping Well

Supporting you to live a healthier life



The Communities Keeping Well programme is working with eight communities in Tower Hamlets to prevent type 2 diabetes, coronary heart disease and respiratory disease. Over two years, residents will come together through a series of community events to design and lead activities to support a healthier life.

As well as making these neighbourhoods healthier places to live, it's an opportunity for residents to get their voices heard on health and community life, become health champions and help each other out.

Communities Keeping Well are your GPs, the council's Public Health team, local voluntary sector organisations and residents working together.

Where we are working:

North West

1. Cambridge Heath
2. Collingwood

North East

3. Old Ford
4. Devon's Road

South West

5. Watney Market
6. Ocean Estate

South East

7. Lansbury
8. Barkantine



To get involved as a resident or a volunteer

please contact: CKW@towerhamlets.gov.uk or contact your local GP surgery to connect with your local community health facilitator.
For more about the programme: towerhamletstogether.com