

NEWSLETTER Friday 1st March 2024



Dear Families,

A lovely week where spring sunshine is breaking through more than the showers thankfully. The pitch renovation is continuing with the usual changes in timescales and delivery times. We can't wait for it all to be completed and to finally gain the area that surrounds it as a play, wildflower meadow, if we can get that far below the concrete slabs.

This week has seen our children take part in poetry slam and our girls in football for the first time in ages, and it feels good. Both schools attended and they were able to be seen by Mr Ali and Mr Hall!

We know that there are remnants of the pandemic, people are still getting ill or recovering but we are regaining our lives, slowly but surely. This has not been without anxiety or cost, so we are working with Tower Hamlets to offer anxiety workshops for our children and for you. The coffee mornings to come are set with the Tower Hamlets team so we can try to find a space for parents too. Some of the most enduring connections have been with each other over generations. In this weeks worship Rev Matt asked a simple question about where we were born or our parents or our languages, from France, Columbia, Malaysia, Scotland, Ghana, Ukraine, Bangladesh, Bulgaria, Italy, Macedonia, and Greece, it was wonderful to recognise, celebrate, belong. These were only a snippet of how international our school community is and how we are blessed to have such a beautiful family. Whatever you do, have a wonderful weekend.

Mrs Smith & Mr Hall



DIARY DATES

- Olympian coming in 6th March
- Boys football – years 5&6 on 6th March
- Federation consultation 6th March
- Year 3&4 choir visiting St Paul's Cathedral 7th March
- Coffee morning 7th & 14th March

January 2024						
Su	Mo	Tu	We	Th	Fr	Sa
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024						
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March 2024						
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24	25	26	27	28	29	30
31						

April 2024						
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28	29	30				

May 2024						
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June 2024						
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30						

July 2024						
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Parent meeting: Year 6
 SATs: May
 Year 5 Banding: May
 Year 1 phonics: June
 Year 4 timetables: June
 Reports: June
 Results: July

Jesus said "I have come so that you can live life in all its' fullness" John 10:10

STARS OF THE WEEK

Reception	Laila	Alexander
Year One	Elijah	Erin
Year Two	David	Jesse
Year Three	Kai	Ricky
Year Four	Ryan	Tilly
Year Five	Rayna	Samara
Year Six	Riley	Sumayyah



WORSHIP FOCUS

Our common ancestor in Abraham whether Jewish, Christian or Muslim – one family.



How many languages are spoken by your parents, grandparents?



Our stars



Kindness leaves

Ronee	26th
Ardin	26th
Olivia	27th
Rosie	28th

HAPPY BIRTHDAY TO YOU!

Micah	1st	Reception
Alfie	5th	Yr6
Poppi	5th	Yr4
Lois-Rachel	6th	Yr6
Varvara	12th	Yr3
Samara	12th	Yr5
Noah	13th	Yr1
Ollie-Archie	15th	Reception
Johnny	18th	Yr2
Jaciara	24th	Yr5
Oscar	27th	Yr3

WORLD
**BOOK
DAY**

We will be taking part in World Book Day in school, which will take place on

Friday 8th March.

On this special day, your child can come to school dressed as a favourite character from any book. During the week, the children will be participating in lots of exciting activities to promote their love for reading. Children can share special book from home.

We looking forward to seeing your amazing costumes.



Swimming Years 3 & 6

Years 3 & 6 will still be going to swimming on World Book Day.

Federation consultation 6th March at 9:30 -10:00am

If you have any questions and would like to ask governors or staff about the federation consultation please log in to our online consultation meetings using this link Join Zoom Meeting

<https://us02web.zoom.us/j/87820296362?pwd=NzRRQkgvT2E2K1p1UTNOYXVoNnBUZz09>

Meeting ID: 878 2029 6362

Passcode: 794972

Thank you



SCHOOL NOTICE BOARD

OUR EXPERIENCE AT TRAVERS SMITH AND PARTICIPATING IN THE BEE PROJECT

Year 6 have been lucky to have an amazing opportunity to have workers from the law firm Traver's Smith come in and teach us about how to manage money. Each group chose one leader to help them in the activities that were assigned by their team leader.

We learnt about profit and loss, how to save responsibly and how to entice people to buy our products when we sold them. We then made the products to sell e.g. tote bags, mugs, cards and mini photo frames and held a sale after school to raise money for charity. We ended up raising around £175. Thank you to all of our parents for supporting us!

After the sale, we got an opportunity to visit Traver's Smith and do our presentations on our small businesses. The business named Messi mugs were the overall winners of the project. Traver's Smith were also kind enough to give us all a gift bag which contained: A pen, a book, a rubber and 2 KitKats.

We've learnt so much from the BEE project, it was one of the best experiences we have ever had in Year 6 and our visit to Traver's Smith was an outstanding trip... we can't wait for the younger years to experience this.

By Lacey and Areebah Year 6

Year 5 Poetry Slam Competition



Congratulations to: Adeola, Samara, Emily, Lyra & Bonnie won an award - best individual opening line in a group poem. The line was "I've always been in the forest"

SCHOOL NOTICE BOARD

EASTER BONNET & HAT COMPETITION



**ALL BONNETS & HATS TO BE
BROUGHT INTO SCHOOL ON
THURSDAY 28TH MARCH**

PRIZES TO BE WON!

**WINNERS TO BE ANNOUNCED
IN ASSEMBLY!**



GOOD LUCK!



SCHOOL NOTICE BOARD

95%	=	47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

ATTENDANCE MATTERS

WHAT DO YOUR ATTENDANCE FIGURES ACTUALLY MEAN?

BE SMART BE THERE!

Percentages based on 190 academic days

This Weeks Attendance

1st Place: Y2 97.41%

2nd Place: Y5 97.02%

3rd Place: Y4 95.83%

**Congratulations to our top 3 classes
our school target is 96%**

Our Attendance Welfare Officer (AWA), Ranu Begum, attends school every Tuesday morning. Ranu checks our school registers regularly and will contact parents & guardians by letter or telephone. Meetings and home visits will be completed if there is a cause for concern.

Formal referrals of pupils with persistent absence or below 90% attendance will be made. Children need to be in school every day. Parents should be aware that they can ultimately be prosecuted for non-attendance offences.

We know that sometimes- even with children at school 190 out of 365 days in the year- they may fall ill. This can be worrying so please see advice from our local teams on https://www.towerhamletstogether.com/files/Care_Confident_Booklet_A5_InteractiveBooklet2.pdf on common illnesses and when to seek support. Additional sports including swimming benefit children to be healthier and smarter. Please ensure children take full advantage of this by wearing appropriate kit and making sure they bring it with them each week!

Tower Hamlets Parent and Family Support Service Parenting programmes

Parenting programmes are a source of support for all parents and offer an opportunity to share experiences, develop an understanding of child development, build positive relationships and learn to deal with challenging behaviour.

PROGRAMME	ELIGIBILITY	INFORMATION
Early Repair	All fathers and male carers	Early repair is a brief awareness two-day group programme for fathers identified as using abuse (physical and/or emotional and/or coercive control). It is for fathers who are assessed as being a lower risk in accordance with the Tower Hamlets risk matrix. Professional referrals only.
Emotional First Aid	All parents	Offers an overview of mental health and wellbeing in relation to parenting. Learn strategies to manage anxieties, identify stress factors, gain a better understanding of ourselves and promote a healthier sense of wellbeing.
Family Transitions	All parents	For parents who have experienced separation or divorce to learn how to co-parent effectively and to learn strategies for how to deal with the loss of their relationship with their ex-partner.
Strengthening Families Strengthening Communities	2-18 years	Aims to increase parental self-esteem and confidence and reduce child behavioural difficulties.
Speakeasy	5-18 years	For parents to develop the skills and confidence to talk to their children about growing up, relationships and keeping safe. Explores how relationship and sex education (RSE) is taught in schools and the influence on children from media and peers. Four weekly sessions.
Triple P for Baby	0-12 months	To prepare parents for a positive transition into parenthood and the first year with baby promoting sensitive and responsive care.
Triple P Group	2-11 years	For parents who wish to build positive relationships with their child, increase self-confidence and develop their skills and techniques for dealing with difficult behaviour.
Triple P Teen	12-18 years	For parents who wish to build positive relationships with their teens, increase self-confidence and develop their skills to communicate more effectively with their teens.

Triple P discussion groups

For parents of children aged 2-11 years

- Encouraging positive behaviour
- Managing fighting and aggression
- Developing good bedtime routines
- Hassle-free mealtimes with children

For parents of children aged 12-18 years

- Coping with teenagers' emotions
- Reducing family conflict
- Getting teenagers to co-operate
- Building teenagers' survival skills

Get in touch

Email: parenting@towerhamlets.gov.uk Tel: 020 7364 6398

To book a place or to make a referral download a referral form, scan the QR code or visit www.towerhamlets.gov.uk/parentingprogrammes



SCHOOL NOTICE BOARD



Parent Training



Fathers and male figures are invited to

join our parent training on:

Understanding ASD

Date: Monday, 25th March 2024

Time: 9:30am

Come to the school office at 9:15am for the in person training in the hall.

Information on the training

In this session we aim to discuss what autism means for your child and how it can impact behaviour and communication at home. We are joined by our phoenix outreach teacher who will help us look at strategies for supporting your child and understanding their individual experience. We focus on each area of difference within Autism to develop a better understanding of how these differences may impact your child/young person. This is designed to increase confidence around the topic of autism and allow open discussion of what you, as parents and carers, experience.




Translation will be available



International Women's Day Free sports event

A range of sporting activities for women only, which will include football. No previous sporting experience is required. There will be free food and prizes to be won.

It will take place on **Friday 8 March, 2pm-4pm** at **Stepney Green Astro Pitch London E1 3NG**







Building Confidence and Managing Anxiety in Your Child


A workshop covering how to introduce the topic of anxiety in children
Discuss different factors that lead to the development of anxiety in children
Tips and things you can do as parents to manage anxiety and build confidence in your children

A **FREE** WORKSHOP FOR PARENTS AT ST SAVIOUR'S CE PRIMARY SCHOOL

Date: Thursday 21st March
Time: 2:15 - 3:15pm

Hi! My name is
Shaneka
My pronouns are
she/her



I'm here to help parents and carers support children who might be showing signs of anxiety or challenging behaviours.

I am an Educational Wellbeing Practitioner who is part of the **Tower Hamlets Education Wellbeing Service**.

We support young people, parents, carers and school staff with their mental health. We also offer 1:1 and group sessions.

I can help you support your child to manage:

- Anxiety and Worry**
- General Wellbeing**
- Challenging Behaviour**

You can #SayHi by:

- Talking to your child's teacher
- Searching **Tower Hamlets Education Wellbeing Service** on Google

SCHOOL NOTICE BOARD



All welcome!

Thursday, 7th March 4-6pm
at St Nicholas Church, Poplar

**A creative and fun time exploring
the season of Lent with crafts,
a story and a meal together.**

For further information,
please contact Rev'd Matt Wall:
matt.wall@poplar.church



DOCKLANDS COMMUNITY INITIATIVE

05TH APRIL 2024
12:00 NOON
CLUB 55,
55 STEWART STREET
LONDON
E14 3JE
FREE ADMISSION

ORGANISATION RUN BY LOCAL RESIDENTS & EMPOWERED BY THE COMMUNITY

STALLS:
TOMBOLA, TANYA'S NAILS
CAKE STALL, FACE PAINTING
HENNA TATTOO'S, MAGE'S
GLITTER, TATTOO/SWEETS
AND HOT FOOD, SNACKS

VARIETY OF KIDS ACTIVITIES
SPIN THE WHEEL HOOK THE DUCK, QUIZ

SPECIAL GUEST APPEARANCE,
WITH CHOCOLATE SWEET
TREATS FOR YOU

PRICES VARY FROM 20P, 50P & £1

Logos: BBO, POPULAR CHURCH, STROUDLEY, COMMUNITY FOOD BANK, GPCARE GROUP



VOLUNTEERS WANTED

A new health and wellbeing initiative funded by
Tower Hamlets council and NHS.

**WANT TO VOLUNTEER AND
MAKE A DIFFERENCE
LOCALLY?**

- Get involved with improving health and wellbeing for local neighbours
- Street conversations and door knocking (full training and support available)
- Help us at community events (creche will be available)

**WHAT DO WE OFFER
VOLUNTEERS?**

- Training opportunities
- Community experience
- Support from NHS and voluntary sector staff
- Flexibility in volunteering



Scan the QR code below to fill out the application by 18th March!



CONTACT

Leoca Powell
Locality Community Health Facilitator
Employed by Poplar and Limehouse
Health Network
M: 07512313033
E: leoca.powell@nhs.net



Healthy Lifestyle Drop-ins



Do you have a child in primary school in Tower Hamlets?
Would you like some support and guidance around
healthy lifestyle for your child and family?

Come and speak to a member of the School Health team!
They can help with concerns around healthy eating,
physical activities, emotional health, oral health, and more!

John Smith Family Hub
90 Stepney Way London E1 2EN

🕒 9h30-11h30

Last Wednesday of every month

Mile End Stadium

(Rhodeswell Rd entrance)
190 Burdett Road E3 4HL

🕒 9h30-11h30

First Tuesday of every month

Check our website for more details



The team is NOT able to support with medical queries. Please contact your GP if you have any medical concerns.

To contact the school health team please call 0204 551 1414 or email tigpcg.schoolnurses@nhs.net

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